

ACCESS TO A DOCTOR ANYTIME, ANYWHERE



THE SAME COST AS A DOCTOR'S VISIT!

Tufts Health Plan gives you 24/7/365 access to doctors through convenience of web video or mobile app visits. It's an affordable alternative to costly urgent care and ER visits when you need care now.

GET THE CARE YOU NEED

Doctors can treat many medical and behavioral health conditions, including:

- + Cold & flu symptoms
- + Sinus problems
- + Respiratory infection
- + Stress & anxiety
- + Allergies
- + Sore throat
- + Skin problems
- + Depression

WHY TELEHEALTH


It is a convenient and affordable option for quality care.*

- + When you need care now
- + If you're considering the ER or urgent care for a non-emergency issue
- + On vacation, on a business trip, or away from home
- + You'll have access to more than 3,000 state licensed, board certified & credentialed physicians and therapists at the in-network level of benefits.
- + For short term prescription refills depending on your diagnosis

WAYS TO CONNECT TO A DOCTOR

 [Teladoc.com/tuftshealthplan](https://teladoc.com/tuftshealthplan)

 Mobile App

 1-800-Teladoc to make an appointment

Powered by



* Available for fully insured groups. Self-insured groups have an option to buy-up telehealth.